

Vitamin D NanoTest Instructions

Please save these instructions to your computer by clicking on “save as” on your desktop or print them out now.

Please read through completely before conducting your Vitamin D test.

Open the test kit and lay out the contents. You will find the following:

- 1) One lancet (not shown)
- 2) A small plastic dropper to collect your blood drop
- 3) Small bottle of reagent
- 4) Test kit platform



Please examine the test kit platform before proceeding.



The well marked A is where you put the blood drop.

The well marked B is where you add the reagent.

The window marked C is where a control line should appear when you conduct the test.

The window marked T is where your test line will appear if your Vitamin D level is below 32ng/ml.

How to conduct your Vitamin D test

- 1) Select a finger from which to draw blood from (middle or ring finger of non dominant hand is best).
- 2) Pick up lancet, twist off cap, and press small white section firmly against the side of finger tip until lancet clicks.

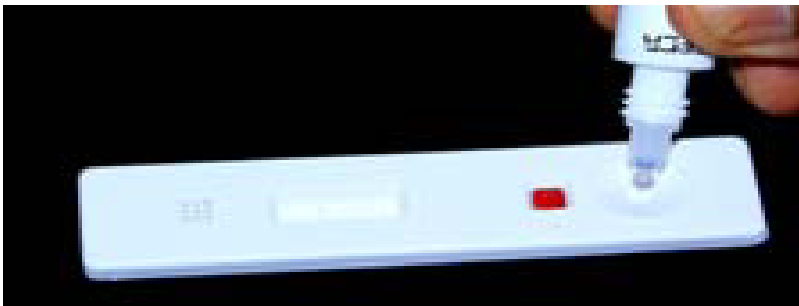


- 3) Squeeze your finger to encourage a drop of blood to form. When the blood drop forms, use the small plastic dropper to collect the blood drop.

- 5) Deposit one good drop of blood into the SQUARE (A) test well



- 5) Add 7 full drops of reagent into the circular well (B) of the cassette. Do not move the cassette after addition of reagent and wait 10 minutes and then read your result immediately. The result may deteriorate after 10 minutes so be sure to not leave longer.



INTERPRETATION OF RESULTS

Your Vitamin D level is below 32mg/ml if two red lines appear, one in the control region C and one in the test region T.



Note: The shade of the red color line at the test region may vary, but is considered deficient whenever it is faint or bold.

Your Vitamin D level is greater than 32ng/ml if only one red line appears in the control region C and no line appears at the test region (T).

[Please click on this link to tell us your results.](#)